

26 TIPS TO KEEP YOUR KIDS SAFE FROM ABDUCTION

Here are 26 tips to keep your kids safe from abduction.

Safety Tips for Children:

1. Know your name, address, and phone number(s).
2. Learn how and when to call 911.
3. If you are scared of someone, RUN to safety.
4. It's okay to be RUDE to a grown-up if you feel you are unsafe.
5. Learn the difference between an "OKAY" secret and a "NOT OKAY" secret and beware of an adult that asks you to keep a secret from parents.
6. Don't let anyone on the phone or at the door know that you are home alone.
7. If you ever get lost in a mall, ask the closest store clerk for help and then stay where you are until you are found.
8. Avoid shortcuts when you are walking from one place to another.
9. If you are ever "scooped," scream, kick, bite and FIGHT as hard as you can to get away! NEVER trust what the "scooper" tells you.
10. Tell your parents or a trusted adult if someone is asking you to do something that makes you feel uncomfortable. Listen to your "Uh Oh" voice.
11. Always ask your parents for permission before getting on the Internet.
12. Never talk to people online without your parent's permission.
13. Never fear someone else threatening you to keep a secret and not tell your parents.

Safety Tips for Parents:

1. Work hard to establish trust and communication with your children from day one!
2. Don't ever leave children unattended in a vehicle, whether it is running or not.
3. Make sure you know how to find or contact your children at all times.
4. Have a "Call List" of emergency contacts and make sure your child knows the numbers for who to call if they can't reach you.
5. Take an active role in your children's activities.
6. As tired as you may be, take the time to listen intently to your children when they tell you they had a bad dream. There could be a reason. Trust your instincts.
7. Talk to your children about inappropriate incidences you hear on the news and get their perspective.
8. Question and monitor anyone who takes an unusual interest in your children.
9. Teach your children that they can be rude to an adult if they feel threatened in any way. They need to hear it from you directly because this message often contradicts everything they have heard before.
10. Teach children the difference between an "OKAY" secret and a "NOT OKAY" secret. Assure your child that you would never want him/her to feel like they had to keep a "NOT OKAY" secret from you.
11. Have your children practice their most annoying scream. They may need to use it someday.
12. Check websites for registered offenders in your neighborhood. Talk to your children about why these people should be avoided.
13. Keep your family computer in a central location that is easily monitored and avoid letting your children have Internet access in unsupervised areas (i.e. computers in their bedrooms, etc.). Download the Family Internet Contract.

Call Prevent Child Abuse Hawaii at 951-0200 for more information or visit our website at www.preventchildabusehawaii.org