

## Halloween Safety Tips

Halloween is a fun holiday that families can do together. The following are some helpful tips to practice Halloween safety.

- Always trick-or-treat with an adult until at least age 12
- Only trick-or-treat in familiar areas that are well lit
- Cross streets at corners, using traffic signals and crosswalks
- Look left, right and left again when crossing; always walk, don't run, when crossing streets
- Make eye contact with drivers and watch for cars that are turning or backing up
- Walk on sidewalks or paths; if there are no sidewalks, walk facing traffic as far to the left as possible
- Never dart out into the street or cross in between parked cars
- Wear light-colored, flame-retardant, costumes decorated with retro-reflective tape or stickers
- Wear well-fitting, sturdy shoes to prevent trips and falls
- Carry a flashlight or glow stick to increase visibility to drivers
- Wear face paint and makeup; a mask can restrict a child's vision
- Spend some time with your children talking about these safety tips
- Practice these tips by walking around your neighborhood a few days prior to Halloween
- Trick-or-treat neighborhoods you are familiar with
- Visit homes that are well light
- Be "green" and use a reusable bag or pail when collecting goodies
- Parents should inspect treats before allowing children to eat them